



## Smarter Lunchrooms

### The name game

#### Food Tastes How We *Expect* It To Taste!

The following lunch menus were selected from public school lunch menus across the country. Do these descriptions make you hungry for lunch? Using your own words, or words from the word bank below, re-write these menus to enhance taste expectations.

#### **Turkey and Cheese Wrap**

#### **Pizza**

#### **Carrots**

#### **Oranges**

#### **Low Fat Milk**

#### **Non Fat Milk**

#### **Chicken Tenders**

#### **Fruit**

#### **Coleslaw**

#### **Corn**

#### **Assorted Milks**

#### **Beef Nachos**

#### **Potato wedges**

#### **Pinto beans**

#### **Fruit Choices**

#### **1% unflavored and nonfat flavored milk choices**

#### Descriptive Word Bank:

**Sizzling, tangy, crisp, crunchy, sun-kissed, protein-packed, immune boosting, spiced, garden, rainbow, jumpin', super fresh, snappy, American, power, crispy, creamy, buttery, delightful, sweet, glazed, fluffy, stuffed, fresh, juicy, julienne, mouth-watering, natural, roasted, rich, slathered, sliced, sweet and sour, tasty.**